

# LEARN TO LEAD LIKE JESUS

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AN INVITATION FOR EVERYONE TO  
INCARNATIONAL  
LEADERSHIP

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SAMPLE  
EXERCISE

[CCO.CA/LEARNTOLEAD](https://cco.ca/learntolead)

## APPLICATION EXERCISE 6

### Develop Your Talents Through Feedback

This exercise is designed to help you to gather information and feedback on your strengths, gifts, and talents from trusted people in order to help you to grow. Follow these four simple steps to become more aware and active in your talents.

#### Step 1—Identify People

Choose 3–5 trusted people who know you well—family, friends, mentors, co-workers—and who will be honest, caring, and specific in their feedback about your strengths and gifts.

#### Step 2—Ask for Feedback

Reach out personally (by text message, email, or in conversation) and ask for their reflections on your strengths, abilities, and areas of contribution. Give them a few guiding questions, such as those listed below, thank them for their time, and set a date to review what they share.

- What do you see as some of my strengths and abilities? Could you share a few examples or situations where you've noticed them?
- In what ways do I contribute most effectively when working with others – in a family, group, or team setting?
- What areas do you think I'm especially skilled in? (These could be personal, professional, or interpersonal.)
- Do you see any hidden talents or untapped potential that I might not recognize? What makes you think so?
- Are there things you think I could change or stop doing to make more room to develop my strengths?

### Step 3—Reflect on What You Hear

When you've received the feedback, read it carefully and prayerfully. Look for patterns and surprises: What do several people notice? What do you recognize in yourself? What did you overlook? Highlight the strengths and talents that stand out most clearly.

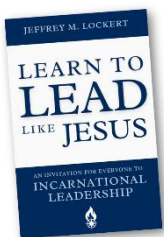
### Step 4—Activate Your Talents

Awareness is only the beginning—now put your gifts to work. Choose one strength to focus on this week and take a small, concrete action that uses it to serve others. Growth happens when you act on what you've learned.

### Download the *Develop Your Talents through Feedback* Worksheet

If you would like more details on this and a worksheet to help you, scan the QR code or go to:

<https://jefflockert.com/grow-through-feedback/>.



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